

# Girlguiding Essex North East Growing Guiding Challenge 2016



The County Challenge badges are designed to encourage all members of Girlguiding Essex North East, through the completion of challenges inspired by the five key areas of the County team, to grow in their knowledge of each section of our organisation and our County.

**The challenge badge is for ALL sections.**

In 2012 we looked at Rainbows, 2013 Brownies, 2014 Guides, 2015 Senior Section and Adult and Trefoil members in 2016.

*Essex North East County*



*WE DISCOVER, WE GROW*

**Girlguiding**



Welcome to the fifth and final Growing Guiding Challenge from Essex North East. This now completes the series of annual challenge badges where we asked you each year to look at a particular section and learn about what they do and how they work. The aim has been for girls and Leaders to learn about the different sections in Guiding, different areas of our County Team and to encourage girls to move onto the next section when the time was right.

Our final challenge badge focuses on the Adults within Guiding - our **Leaders and members of the Trefoil Guild**. Our challenges have been designed to focus on either the programme, as in Rainbows and Brownies, or the type of badges that the section works on, like Go For It! for the Guides and Look Wider for the Senior Section. As Leaders within Guiding we tend not to work on interest badges but more on gaining skills in safety, administration, finance and leadership to improve how we are able to work with the units we lead, whilst making new friends, learning new skills and growing in our guiding experiences. This year the badge has been formatted to resemble the Leadership Qualification and the four modules within in but also incorporating Girlguiding's Being Our Best 5 year plan and the Trefoil Voyager and Dark Horse challenges. We hope it will give girls a taste of being a leader and life beyond being a girl member of our organisation; something they can aspire to in the years ahead!

Just as every leadership book submitted is different, this badge syllabus gives lots of opportunities for girls to develop their own ideas; find their own resources and think outside the box. The pink helpful "Notes for leaders and Units" box gives some links and suggestions which you can further explore to help your girls determine what they might like to do for each challenge and to help them develop their own ideas.

There are six clauses within each module, the first four take the themes from Being our Best which can be summarised as:

- Access: Working together to ensure that more girls from all backgrounds benefit from what we do.
- Excellence: Getting better at all that we do for girls
- Capacity: Working collaboratively to improve our processes and decision making
- Voice: Listening to girls and promoting their voices

The fifth and sixth clauses are taken from the Voyager and Dark Horse challenges worked on as Trefoil Guild members.

***To gain the badge, members need to complete at least one activity from each of the six areas—Access, Excellence, Capacity, Voice, Voyager, Dark Horse—ensuring that, as a minimum, at least one activity comes from each of the four modules. This obviously means you will duplicate some areas.***

Just as in the leadership qualification, there are lots of opportunities to be creative, one activity may help complete more than one section, ie Excellence (skill sharing) in module 1 could contribute towards completing Capacity in module 2.

Within the County we also work together as a team and if you need any assistance with any of the sections please do get in touch. We are all here to help each other:

Helen Venner, County Commissioner - [countycommissioner@girlguidingsexne.org.uk](mailto:countycommissioner@girlguidingsexne.org.uk)

Caroline Humphreys, County Arts Co-ordinator - [asstcc@girlguidingsexne.org.uk](mailto:asstcc@girlguidingsexne.org.uk)

Maxine Jones, County PR Adviser - [maxidiver@hotmail.co.uk](mailto:maxidiver@hotmail.co.uk)

Mavis Burton, County Outdoors Activities Adviser - [moelsiabod12@aol.com](mailto:moelsiabod12@aol.com)

Tina Powell, County International Adviser - [teptax@aol.com](mailto:teptax@aol.com)

Jean Mullane, County Trefoil Guild Chair - [jeanmullane@btinternet.com](mailto:jeanmullane@btinternet.com)

# Your role in the Programme

1	Access	<b>Cross over between sections</b>	<b>Helpful notes for Leaders and Units</b>
		<p>Take part in a joint activity with another section, ie a District Day, a Skills Sharing Day, Senior Section attend a District meeting, Rainbows, Brownies &amp; Guides spend an evening with another section; visit Guides at camp; Visit the EIJ Junior Jam; take part in Gig4Girls or the County panto trip</p>	<p>Information on the Essex international Jamboree Junior Jam can be found on <a href="http://ejj.org.uk">ejj.org.uk</a></p> <p>Booking forms for Gig4Girls 9.7.16 and County panto trip 11.12.16 can be found on the website.</p>
2	Excellence	<b>Skills sharing/learning together</b>	<p>Does a parent have a skill or hobby that they could share? Maybe you have recently attended a training - County Training Day on 14th May is full of ideas. Trefoil members are a great resource of ideas!</p>
		<p>Ask someone from outside your Guiding unit to share a skill with you, ie a new craft; a new sport or leisure activity; a new cooking activity—perhaps try a no bake recipe; flower arranging; knitting; dance</p>	
3	Capacity	<b>Ensure girls voices are heard</b>	<p>Why not try decorating cakes, outdoor cooking or a drama sketch—the evening is up to you! Remember that you may have a budget to follow. Planning could be combined with Excellence in Module 4 by creating a survey of initial ideas.</p>
		<p>What have you always wanted to do in your unit....? Discuss with your unit members and plan an evening's programme - discuss, plan, write a list of resources required, arrange who will purchase/ provide, then enjoy your evening.</p>	
4	Voice	<b>PR</b>	<p>Google “what makes a good leader images” for ideas of how to present ideas creatively ie. Wordles, word art, mindmaps. Can this be displayed somewhere and complete Clause 4 Module 3 at the same time.</p>
		<p>Write an advert or flyer advertising for a Leader for your section—discuss what makes a good Leader then from your discussions decide on how you will design your flyer. Go out into the community and distribute PR cards to people you meet—this might be by holding a PR stall at a fete or school event.</p>	
5	Voyager	<b>Teamwork—Team—together everyone achieves more</b>	<p>Ideas can be found at:  <a href="http://www.jubed.com">www.jubed.com</a> <a href="http://www.youthlearn.org">www.youthlearn.org</a>  <a href="http://www.theinspiredtreehouse.com">www.theinspiredtreehouse.com</a>  <a href="http://www.sheknows.com">www.sheknows.com</a></p>
		<p>Hold a team building games evening; a yoga partner evening; take part in a storybook drawing activity; with a partner do mirroring activities; make a friendship chain</p>	
6	Dark Horse	<b>Giving &amp; Sharing</b>	<p>Think outside the box, giving &amp; sharing time; energy; enthusiasm; ideas are just as important as money!  See <a href="http://www.amazingkids.org">www.amazingkids.org</a> or <a href="http://www.groundwork.org.uk">www.groundwork.org.uk</a> for ideas</p>
		<p>Choose a local charity or cause –can you think of a different way to support them? It doesn't necessarily have to involve raising funds—you could hold an eco evening, dress in green and collect things to recycle!</p>	

## Your role in Girlguiding

1	<b>Access</b>	<p><b>Promise Activities</b></p> <p>Hold a Promise activity evening and share what you have done with the County Office for inclusion on Essex North East County's website or in SEAXE .</p>	<p>Lots of promise activities available through Google. See <a href="http://www.girlguiding.org.uk/home/resources">www.girlguiding.org.uk/home/resources</a> for some good ideas. To share your activities email: <a href="mailto:office@girlguidingsexne.org.uk">office@girlguidingsexne.org.uk</a> - don't forget to include your unit name</p>
2	<b>Excellence</b>	<p><b>Run a "Being our Best" evening and celebrate your achievements</b>—this could be a talent show; a handicraft show; a dance or singing competition; sports evening or bake off</p>	<p>Think about how you can celebrate achievements, you may like to make certificates, cups, medals</p>
3	<b>Capacity</b>	<p><b>Read Seaxe &amp; contribute an article</b></p> <p>This is your chance to do anything you like and share it with others through SEAXE or you could create a Unit news bulletin for parents and share what you do.</p>	<p>Seaxe can be found on the County website. <a href="http://www.girlguidingsexne.org.uk/Who+we+are/SEAXE+County+Magazine/">http://www.girlguidingsexne.org.uk/Who+we+are/SEAXE+County+Magazine/</a></p>
4	<b>Voice</b>	<p><b>Unit Guidelines</b></p> <p>Devise unit guidelines which encourage you to think about your Promise and Law. If you have them already, revisit them and bring them up to date.</p>	<p>Encourage the girls to think about what makes their unit a place they want to come to; can they link unit guidelines to any rules they may have at school. Think about how the girls might display these creatively—could they be shared with parents in a unit news bulletin helping complete Capacity!</p>
5	<b>Voyager</b>	<p><b>Service</b></p> <p>Make a difference within your local community, eg visit local residential homes; plants bulbs (don't forget to get permission first!); offer to clean the local church; litter pick; help at a local animal sanctuary/charity.</p>	<p><a href="http://www.kidworldcitizen.org">www.kidworldcitizen.org</a> has some wonderful ideas which you can adapt for your local community.</p>
6	<b>Dark Horse</b>	<p><b>History &amp; Heritage, People &amp; Places</b></p> <p>Try one of the following - Create a photo montage of how uniform has changed for your section; Explore the history of Guiding and present it creatively; create a PowerPoint presentation; draw a timeline; create a scrap book; interview a Trefoil Guild member and send it to GENE; contact the County Archivist</p>	<p>County archivists contact details: Susan Leng - <a href="mailto:s.leng@tiscali.co.uk">s.leng@tiscali.co.uk</a></p> <p>Trefoil Guild Chair details: Jean Mullane <a href="mailto:jeanmullane@btinternet.com">jeanmullane@btinternet.com</a></p>

# Your role in the safety and Unit Admin

		Helpful notes for Leaders and Units
1	<p><b>Access</b></p> <p><b>Safe Space</b></p> <p>Hold a bring a friend night—any theme you like! Plan an evening of “safe” activities; write a list of what you might consider when visitors come to your Unit. Discuss how you would ensure that your friend feels welcome.</p>	<p>Don’t forget emergency contact details for all visitors.</p>
2	<p><b>Excellence</b></p> <p><b>First Response</b></p> <p>Have an evening of practical first aid activities—make fake wounds, bandaging self, others or teddies! Design a virtual first aid kit (drawing, sticking, computer) or play some first aid games. Learn the St Johns ambulance CPR song, you could make up your own for other first aid skills.</p>	<p>Some first aid games and resources can be found at:</p> <p><a href="http://www.dragonsleepdeprived.ca">www.dragonsleepdeprived.ca</a>  <a href="http://www.firstaidforfree.com">www.firstaidforfree.com</a>  <a href="http://www.sja.org.uk">www.sja.org.uk</a>  <a href="http://www.redcross.org.uk">www.redcross.org.uk</a></p>
3	<p><b>Capacity</b></p> <p><b>Unit Funds</b></p> <p><b>Can you turn pennies into £s?</b> eg buy a sponge for £1 and wash cars (see Guiding Manual); buy a bag for life and do shopping for an elderly person; buy a packet of seeds, grow and sell produce; buy a ball of wool and sell friendship bracelets.</p> <p>Explore Gift Aid and how it would benefit your unit.</p>	<p>Remember to check out the Guiding Manual if you want to wash cars. Permission from Girlguiding is required to undertake this activity.</p> <p>If you already collect gift aid why not use it to plan and carry out an activity of the girls choice.</p>
4	<p><b>Voice</b></p> <p><b>Publicity—showing others the fun we have</b></p> <p>Take your own photos and create a photo montage on a public display board; have a PR stall at a local fete; find creative ways to publicise Guiding in your community. Ask the GENiE team to visit and record your “voice” about the fun and friendship of guiding</p>	<p>Reinforce the safety rules regarding no displaying of time and meeting place on boards or given out at PR events.</p> <p>GENiE team details  <a href="mailto:generadio@girlguidingsexne.org.uk">generadio@girlguidingsexne.org.uk</a></p>
5	<p><b>Voyager</b></p> <p><b>Explore my world</b></p> <p>Do a virtual tour of all the world centres - what would your day be like at each one? Present it creatively e.g. scrapbook page, poem. Drawing, painting or sculpture. Go around the world, choose a country and hold a themed meeting or celebrate an unusual festival from another country.</p>	<p>You could ask someone who has attended a world centre to tell you about it or run an evening—contact the international team on <a href="mailto:teptax@aol.com">teptax@aol.com</a> to help.</p> <p><a href="http://www.activityvillage">www.activityvillage</a> has many international craft and activity ideas. CTD May 14th has a workshop on festivals.</p>
6	<p><b>Dark Horse</b></p> <p><b>Tomorrow’s World</b></p> <p>Design uniform for the future Devise a combined health and consent form and send it to County Office Design a new Guiding interest badge for your section e.g. cricket</p>	<p>Could a fashion student talk to the girls about design (Colchester Institute). Submit badge ideas to the County office!</p>

## Your role in managing the Unit

			Helpful notes for Leaders and Units
1	Access	<p><b>Hold your meeting somewhere different</b></p> <p>Where will you go? What will you need to take with you? What equipment do you need? Could you hold a Promise ceremony there? This could even be a virtual evening—an evening in space, on a ship, in a blackhole, at the beach ....</p>	<p>Make sure you have the necessary permissions if you are meeting away from your usual place and time.</p>
2	Excellence	<p><b>Survey</b></p> <p>Design and circulate a survey to gain ideas for future activities in the meeting place and future events and activities outside the meeting place.</p> <p>Analyse and present results. Share with your District Commissioner, ask her to bring it with her to the next Air &amp; Share.</p>	<p>Google children's survey images for further ideas of creative ways to complete this challenge.</p>
3	Capacity	<p><b>Record Keeping</b></p> <p>Use a creative way to record what you have done for this badge, this can be written, pictorial or both. Keep an electronic record of all photos ensuring that you have photo permission for everyone who has been photographed. Create a zip file and forward to County Office.</p>	<p>Photos submitted may be used for County Review or Gig4Girls as well as other PR purposes.</p>
4	Voice	<p><b>Disability Awareness</b></p> <p>Hold a disability awareness evening. Think particularly about the non-verbal/deaf/blind and immobile child. Could you invite someone with a disability to join your evening</p>	<p>Useful links for ideas:</p> <p><a href="http://www.girlguiding.org.uk/pdf/disability%20Challenge.pdf">www.girlguiding.org.uk/pdf/disability%20Challenge.pdf</a>  <a href="http://www.indianadisabilityawareness.org">www.indianadisabilityawareness.org</a>  <a href="http://www.vcu.edu">www.vcu.edu</a> (awareness disability activities pack)</p>
5	Voyager	<p><b>Skills</b></p> <p>Hold a culinary skills evening eg decorate small cakes; create a salad on a plate; no bake cookery; create a cheesecake challenge.</p>	<p>County Training Day 14th May has a session on no bake ideas both sweet and savoury.</p>
6	Dark Horse	<p><b>Active and Creative</b></p> <p>Have fun out of doors—possibilities are endless—stamp in puddles; make mud cakes; campfire cooking; nature walks; visit the seaside; the park; make and fly a kite; go on a sensory walk</p>	<p>County Outdoor Activities Adviser contact details: Mavis Burton Moelsiabod12@aol.com</p>

# Growing Guiding 2016 Badge Sign Off

To achieve our Growing Guiding Challenge 2016, we completed the following activities.

## Module 1 Completed:

Access:

Excellence:

Capacity:

Voice:

Voyager:

Dark Horse:

## Module 2 Completed

Access:

Excellence:

Capacity:

Voice:

Voyager:

Dark Horse:

## Module 3 Completed

Access:

Excellence:

Capacity:

Voice:

Voyager:

Dark Horse:

## Module 4 Completed

Access:

Excellence:

Capacity:

Voice:

Voyager:

Dark Horse:

If you have any photos to share, please email the files to the address below. Please ensure that you have permission for all the photos to be used within guiding.

*Return your report/badge order form and payment to:*

Growing Guiding Challenge 2016  
Girlguiding Essex North East County Office  
7 Park Farm, Kelvedon Road  
INWORTH CO5 9SH

*If you have any questions or queries please contact the County Office on:*

01376 570464

or

office@girlguidingessexne.org.uk

## Growing Guiding 2016 Badge Order Form

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Once your unit has completed the 6 challenge sections please complete the badge sign off and return together with this form to order your badges

Unit \_\_\_\_\_  
Rainbow / Brownies / Guides / Senior Section / Trefoil Guild  
(Please circle)

Division \_\_\_\_\_

Leader's Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone or email in case of queries \_\_\_\_\_  
\_\_\_\_\_

Number of badges required at £1.00 each \_\_\_\_\_

Please add postage according to the number of badges you order:

1-20	£1.20
21-50	£1.49
51-100	£1.80
101-150	£2.23
151- 200	£2.70
200+	Price on enquiry
Collection from County Office	Free of charge

Total amount enclosed: £ \_\_\_\_\_

Don't forget, please give details of the challenges you have completed on the report page and send this and the report page with your cheque (payable to **Girlguiding Essex North East**) to the County Office, Unit 7 Park Farm, Kelvedon Road, Inworth, Colchester, CO5 9SH.